

**This is NOT the final exam for this course.
The following questions are for study purposes only.**

Study Questions: Course 9, Mental Alchemy

Chapter 1, The Inner Nature of Poverty, Failure and Disease

1. Why does each individual present a different problem to the healer?
2. What determines how the mind will react to a given thought treatment?
3. How are thought elements, of which psychoplasm is composed, built?
4. What is meant when it is stated that the atomic number of a chemical element represents the number of revolving electrons?
5. Illustrate how both chemical elements and thought elements are grouped in families.
6. What determines the series to which a thought element belonging to any family corresponds?
7. What are the only foods the astral body can assimilate?
8. Do all life forms possess a soul?
9. What determines to which compartment of the astral body assimilated thought elements will move?
10. Do thought elements when assimilated commonly remain uncombined with other thought elements?
11. What is meant by conditioning?
12. What determines the kind of harmony or discord of a compound formed from the union of thought elements?
13. Indicate examples by which it has been proved that physical cells and physical organs have an intelligence of their own apart from that of the body they occupy.
14. What type of intelligence do the thought cells and thought structures of the astral body possess?
15. What happens when the white blood corpuscles, called leukocytes, become wrongly conditioned by the presence of certain viruses?
16. What happens when thought cells become wrongly conditioned by discordant energy?
17. Indicate how stellar cells and stellar structures operate on the three-dimensional plane through control of physical behavior.
18. Indicate how stellar cells and stellar structures operate from the four-dimensional plane to attract events into the life.
19. What must happen to the thought cells if either a persons habitual actions or his fortune as affecting any department of life, are to be altered?
20. Thought compounds conditioned by what are responsible for disease and misfortune?
21. Indicate how an unsatisfactory condition in life, as distinct from the active types of misfortune, may be due to insufficient desire energy relating to the department affected.

22. Show how when one organ or member of the body is destroyed the thought cells compensate by transferring their energy, so far as they can, to some other organ or member.
23. How do the energies of the three Hereditary Drives compensate when they are blocked from normal expression?
24. In what manner did Theodore Roosevelt compensate for his early physical inferiority?
25. Why did Mark Twain compensate for an early feeling of inferiority in a markedly different way than did Roosevelt?

Chapter 2, Just How to Find the Thought Cause of Any Condition

1. What is responsible for whatever conditions exist in the life?
2. What does the house positions of the planets in a birth chart show in relation to the thought elements which have been built into the astral body?
3. Are the planets responsible for the events and conditions attracted?
4. Why is it easier for a child to be born just when streams of astral energy from the planets are such that they flow through the stellar cells and stellar structures of his astral body?
5. What structure in the astral body is mapped by each of the ten planets?
6. What do the aspects in the birth chart reveal in reference to how thought-elements compounds have been formed within the astral body?
7. In reference to a desire, what does the prominence or lack of prominence of a planet in the birth chart indicate?
8. What relation to the amount of desire energy has the amount of work a thought group within the astral body is capable of accomplishing?
9. How, through observing the habitual type of thinking in reference to certain things, is it possible to estimate the discordant thought elements within the astral body responsible for a given condition?
10. Why is it more convenient to use the birth-chart Constants and the Progressed Constants to determine the thought cause of any condition?
11. Only at what times are events apart from the normal trend of life attracted?
12. Indicate how the Power thought-elements were built into the astral body in forms of life lower than the scale of man.
13. Indicate how the Domestic thought-elements were built into the astral body in forms of life lower than the scale of man.
14. Indicate how the Intellectual thought-elements were built into the astral body in forms of life lower than the scale of man.
15. Indicate how the Social thought-elements were built into the astral body in forms of life lower than the scale of man.
16. Indicate how the Aggressive thought-elements were built into the astral body in forms of life lower than the scale of man.
17. Indicate how the Religious thought-elements were built into the astral body in forms of life lower than the scale of man.
18. Indicate how the Safety thought-elements were built into the astral body in forms of life lower than the scale of man.

19. Indicate how the Individualistic thought-elements were built into the astral body in forms of life lower than the scale of man.
20. Indicate how the Utopian thought-elements were built into the astral body in forms of life lower than the scale of man.
21. Indicate how the Universal Welfare thought-elements were built into the astral body in forms of life lower than the scale of man.
22. Indicate by chemical combinations, how the types of thought compound formed depends upon the conditioning energy which is then present.
23. Upon what depends the severity of the affliction of the beneficence of the harmony resulting when thought elements are united into a compound?
24. Briefly state the conditions present when a Growth compound, an Opportunity compound and a Luck compound each are formed.
25. Briefly state the conditions present when and Obstacle compound, a Separation compound, a Friction compound and an Agitation compound are formed.

Chapter 3, Just How to Find a Mental Antidote

1. What two methods does the chemist use to get a compound more suited to his purpose?
2. What are the same two methods called when used to acquire a more suitable thought-element compound within the astral body?
3. What is the nature of mental antidotes as contrasted with mental antipathies?
4. Indicate in the case of monoxide poisoning how carbon monoxide acts as an antipathy when it combines with hemoglobin, and how oxygen acts as an antidote.
5. How can a mental antidote be applied to a selected compartment in the astral body?
6. How can a mental antidote be applied to a selected Dynamic Stellar Structure within the astral body?
7. Which of the three ways by which the Dynamic Stellar Structure responsible for a difficulty can be determined is the most convenient?
8. When the discord arises from the thought compound in which the Power elements predominate, what antidote should be used?
9. Why is it always an advantage to have more of the Power thought-elements in the astral body?
10. Which thought elements are the most positive and energetic of all?
11. Which thought elements are the most negative?
12. What thought compounds give the greatest courage and daring?
13. How should aggressive thought-elements be used as an antidote for discordant Domestic thought-element compounds?
14. Why is it so unusually important that the Intellectual thought-cells should be harmonious?
15. Cultivating what thoughts tend to give the proper antidote to discordant Intellectual thought-element compounds?
16. In addition to the Safety thought elements what other thought elements should be applied to a discordant Social thought element compound?
17. How should the antidote be added to the discordant Aggressive thought-element-compounds?
18. In what way do discordant Religious thought-compounds affect the judgment?

19. What interests should be cultivated when the difficulty to be corrected arises from a discordant Safety thought-element-compound?
20. What electrical condition makes it possible to die of fear, worry or grief?
21. What thought elements within the astral body most powerfully affect the personal magnetism?
22. Through what agency is the life always affected when the Individualistic thought-cells are responsible?
23. In addition to Safety thought elements, what other thought elements are specially required when treating a discordant Utopian thought-compound?
24. Which thought cells give the nerves greatest range in broadcasting and the most efficient type of receiving sets to pick up broadcasts from other minds?
25. What type of activities add the proper mental antidote to discordant Universal Welfare compounds?

Chapter 4, Just How to Apply a Mental Antidote

1. To releases of what kind of energies are all organic activities due?
2. What relation to desires has the chief work of mental alchemy?
3. Indicate, using hydrogen and oxygen as the example, how two elements can express quite different attributes when united in a compound, than they exhibit independent of such union.
4. Under what law do thought elements combine to form compounds within the astral body?
5. How can any thoughts that have been built into the unconscious mind be made to enter into combination with any other family of thoughts?
6. Exclusively upon what, when two thought elements are united, depends the type of thought compound formed?
7. How many types of thought compounds are there; and what energy always is present when the compound formed is harmonious, and therefore tends to attract fortunate events into the life?
8. What must be changed in a thought compound if it is to attract more fortunate conditions into the life?
9. Does the individual who has misfortune relative to a department of life, habitually think about that department of life in the same manner an individual does who has marked good fortune in reference to it?
10. Planetary positions in the birth chart which give a predisposition toward discordant and contractive thoughts of fear, self-centeredness, worry and acquisition, also give a predisposition toward what disease?
11. Whenever any event of unusual importance to the individual is attracted into his life, what thought activity has always preceded it?
12. How can a discordant Safety thought-element compound be reconditioned so that its future releases of energy are harmonious?
13. How can it be determined, from the things thought about, in what compartment of the astral body the compound responsible for the thoughts is located?
14. To reach a thought compound with other thoughts, it is only necessary to think thoughts with what object in view?

15. To think about the department of life affected by certain thought elements is to add new thought elements to what compartment of the astral body?
16. Just what is implied in the process of Conversion?
17. What relation has Conversion to that which psychologists call Sublimation?
18. Why must the new expression be made more highly pleasurable than the old?
19. How can one, through artificial association, cultivate a higher degree of pleasure in the new expression?
20. What expression of the thought elements always should be used in either Conversion or as a Mental Antidote?
21. What kind of compounds can be beneficially changed only through Conversion?
22. Why are Mental Antidotes more easily applied than Conversion?
23. What has volume and intensity of pleasure to do with the successful application of Mental Antidotes?
24. If disagreeable energy is placed in a thought compound, what kind of energy must that compound release when it finds opportunity for expression?
25. What is the most important thing to be sought in either Conversion or in the application of Mental Antidotes?

Chapter 5, Just How to Heal Yourself

1. For the purposes of Mental Alchemy, what is meant by manipulating the physical environment?
2. Indicate that we cannot improve the fortune of any department of life unless we contact the proper things.
3. When thought cells have been reconditioned, what do they endeavor to do in reference to the physical environment?
4. In what way can the work of the reconditioned thought cells be facilitated by using objective intelligence and effort?
5. Is it the function of reconditioned thought-cells to manufacture chemical elements out of thin air?
6. How can one learn just what kind of thinking is responsible for a given disease or misfortune?
7. How can one learn what environmental factors will facilitate the work of the reconditioned thought-cells in overcoming a given disease or misfortune?
8. If a person habitually indulges in fear, greed or worry what kind of foods in particular does he then need?
9. What is meant by a Rallying Force?
10. What determines the benefit or detriment of an event attracted at any given time?
11. How many aetherials and thought cells are reached by any vibration picked up, radio fashion, through completely tuning the nervous system in on that vibration?
12. What effect has such thorough tuning in on a selected vibration upon other vibrator energies picked up at the time?
13. How can this principle be utilized to change, in the direction desired, the effect produced by progressed aspects?
14. How can an individual utilize the best planet in his birth chart as a source of beneficial Rallying Forces?

15. When present in the birth chart, what are two most powerful sources of harmonious Rallying Forces?
16. How can the aeriels mapped by progressed aspects be utilized as sources of beneficial Rallying Forces?
17. When there is nothing mapped in his birth chart or by progression to show an easy supply of planetary energy of the family desired, how can the individual nevertheless, acquire that specific energy as a harmonious Rallying Force?
18. To deliberately substitute one kind of thinking for another relates the two kinds of thoughts in what way?
19. To think about a department of life, adds the thought elements and Conditioning energy present at the time to what thought cells?
20. What is the chief problem when Conversion seems to be the method best to employ?
21. In selecting some experience from the past as a source of pleasant conditioning energy, how can it be determined what thought elements it will chiefly add to the astral body?
22. In thus recalling affectional experiences, to what period should the reverie be confined?
23. Why is it good practice to have a classified list of reminiscences of happy experiences ready at hand?
24. What is the best of all sources of pleasant Conditioning energy?
25. In what manner should one talk to the thought cells?

Chapter 6, Just How to Attain Realization

1. To get the utmost out of living, in addition to applying a Mental Antidote to some one or two groups of thought cells, what is required?
2. To what does a tendency to overemphasize the importance of anything point?
3. What should be done when such a tendency to overemphasize is recognized?
4. Why are stronger repressions usually revealed in the dreams?
5. When some repression is revealed through analyzing the dreams, how is it to be handled?
6. What is meant by the method of Free Association?
7. How are the repressions revealed by Free Association reconditioned?
8. Why is Self-Psychoanalysis usually beneficial to normal people?
9. Why are early childhood impressions so important?
10. Why, looking back upon childhood, do people usually remember them as the Happy Days?
11. What effect upon a child may constantly hearing the word "Don't!" have?
12. When one can honestly laugh at one's past misfortunes, what happens to the thought elements derived from them within the astral form?
13. Should a disagreeable experience be recalled in a manner to again feel the painful emotion associated with it?
14. What is the technique of applying Free Association to oneself?
15. Why should the notes one takes when applying Free Association to oneself be kept under lock and key?
16. What parts of a dream are most important and soonest forgotten?

17. Why, in using Conversion and Mental Alchemy, is it so important to have the precise mental images or thought train to be employed ever ready at hand and easy to use?
18. Why may Reconditioning what already resides within the character be considered mere repair work?
19. In addition to such repair work, what can the individual do to benefit his character and fortune?
20. How, through Mental Alchemy, should an individual go about it to acquire positiveness and vitality?
21. How, through Mental Alchemy, should an individual go about it to acquire abundance?
22. In building new and harmonious compounds into the astral form by the power of thought, what determines the strength of the compound?
23. In building new and harmonious compounds into the astral form by the power of thought, what determines the kind of compound thus organized?
24. How, through Mental Alchemy, should an individual go about it to acquire good fortune with the populace and the opposite sex?
25. Why is it so important that the Intellectual thought-cells have abundant and harmonious desire energies?

Chapter 7, Just How to Give Absent Treatments

1. When are two persons said to be in rapport?
2. Illustrate by musical instruments how rapports may be partial, or quite complete.
3. Illustrate by musical instruments how things in rapport can transmit energy from one to the other at a distance.
4. How does the healer proceed to establish rapport with his distant patient?
5. How does the healer know when rapport has been established?
6. How does the healer at a distance diagnose the difficulty to be treated?
7. What is meant by electrical potential?
8. Which is the most positive region of the body and which the most negative?
9. What has the competition between various nerve currents, which are electrical discharges, to do with our behavior?
10. When two persons are near each other, especially if in rapport, and one has a much higher electrical potential, how do his thoughts and feelings influence the person of lower potential?
11. What is the difference between the Sun type of personal magnetism and that conferred by Uranus?
12. What particular ability is given to the individual when Neptune's wavelengths are freely generated?
13. The wavelengths generated when what planet is prominent in the birth chart radiate through the ether with greatest force?
14. The wavelengths generated when what planet is prominent in the birth chart have the greatest carrying power?
15. Why is it easier for people of electrical temperament successfully to treat other people of electrical temperament?
16. What is an indication to the healer that he has not made the proper rapport with his patient?
17. Using musical instruments as an illustration, show how animal magnetism may be inimical whether so intended or not.
18. What is the only way to cure unintended malicious animal magnetism?

19. What happens when one thinks about Inversive Brethren, especially while filled with fear?
20. How can a psychic force trying to gain control, or trying to injure, be recognized?
21. Why, usually, is it poor technique to attempt to fight any inimical psychic force?
22. Instead of fighting it, or permitting thought of it to enter the mind, what should be done?
23. When the brain is not active enough to generate an electrical potential sufficient to prevent electrical charges coming to it from registering, or even taking control, what is this state called?
24. What kind of brain potential does the disintegrative medium strive to develop?
25. In addition to becoming positive at will, ability for what type of thinking should be cultivated both by the healer and by the person who is troubled with psychic forces?

